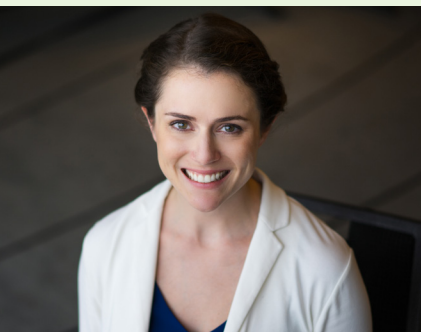


# High Impact Leadership Seminar-1

If there's one thing I have learned it is that **you can't grow a team without growing as individuals.** HILS plays an important role with this.

J. Grover Thomas, Jr., CEO & Chairman of the Board, Trustmark Insurance Co.



The High Impact Leadership Seminar-1 (HILS-1) is a self-awareness based leadership program that enables individuals to create a powerful developmental road map employing pragmatic tools that can dramatically enhance organizational impact and accountability.

**“HILS-1 has given me unshakeable confidence; knowing that if I stay true to my mission and purpose, I can lead our organization to overcome whatever challenge there is in our path.”**

Ryan Chandler  
VP, Business Development  
Colonial Group, Inc.

## Who Should Attend

Each HILS group draws CEOs, senior executives, directors and managers from different organizations, industries and nationalities. This kind of diversity in a small group setting of 8-10 participants helps to create a rich and supportive learning environment. Many organizations send their entire leadership team through the program, one person at a time, to help create a dynamic and learning organization.

## Core Focus: Growing from the Inside Out

The best leaders are those who consistently strive to increase their emotional intelligence and leadership impact. They inspire and influence others across organizational boundaries in order to succeed in today's rapidly changing, performance-oriented culture. HILS-1 helps executives understand the underlying dynamics of their behavior, which in turn frees them up to

make lasting changes in areas most important to them, both professionally and personally.

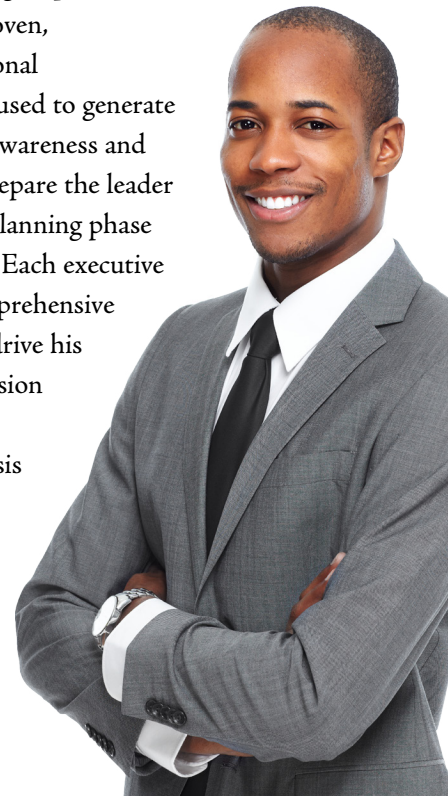
## Awareness. Action. Accountability.

HILS-1 provides each executive the opportunity to deeply explore the internal and external reality of his or her leadership strengths and weaknesses. The participants discover thought and behavior patterns that enhance and/or block maximum performance and peak experience as a leader.

The intensive feedback process utilizes diagnostic and leadership inventories, as well as small group interaction. Proven, yet non-traditional techniques are used to generate deepened self-awareness and insights that prepare the leader for the action planning phase of the seminar. Each executive develops a comprehensive action plan to drive his or her future vision into the “now,” with an emphasis on behaviors that produce effective results.

**“We can all learn new management skills, but sustainability starts with self-awareness - what is behind your own behavior and how you can use that understanding to connect with people and get them to achieve new heights”**

Mike Kennedy  
CFO  
Bizfi



“Each person on our team returned with renewed insight and inspiration. HILS-1 has improved communication, developed stronger relationships in the workplace, and helped us to retain key leadership positions.”

Connie Hodges  
Retired CEO  
United Way of Northeast Florida



Included in this plan are values, goals, a personal purpose in life, leadership commitments and a specific approach to work/life balance questions.

Executives leave with a renewed sense of clarity and personal responsibility for their individual performance, as well as for their teams. This deeper understanding of their true sphere of influence supports, aligns and helps drive change within organizations.

### Experienced, Real-world Facilitators

Each HILS-1 session is led by facilitators who have real-world, successful line management experience in the business world prior to joining Stop At Nothing. In addition, they have extensive consulting and facilitation experience working with Fortune 500 companies, small and medium-sized businesses, non-profit organizations, as well as family-owned enterprises.

### Extending Leader Development

In addition to the High Impact Leadership Seminar, Stop At Nothing provides a full range of executive development services:

#### Executive Coaching

- Customized Executive and Management Consulting Services (EXEC)

#### Team Development

- Cultural Transformation and Team Development (TEAM)

#### Sales Leadership

- Trust and Relationship Selling (TRS-1, TRS-2)

#### Organizational Leadership

- Peak Performance and Personal Transformation (PEAK-1, PEAK-2)

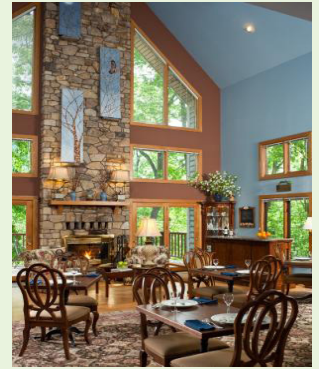
#### Individual Leadership Development

- High Impact Leadership Series (HILS-1, HILS-2, TLC, TLC-Adv)



Most HILS-1 sessions are held at the Elizabeth Pointe Lodge in Amelia Island, Florida. The lodge was voted the #2 U.S. hotel by readers Condé

Some HILS-1 sessions are held at the Iris Inn in Waynesboro, Virginia.



### HILS Program Details

- Class Size:** Limited to 10 participants. CEOs, senior executives, middle and upper management.
- Length:** 5 days, Monday through Friday. Includes some evening work.
- Location:** Amelia Island, Florida or Waynesboro, Virginia.
- Dates:** Multiple sessions available throughout the year. Visit our website for [schedule and details](#). Register early to assure convenient dates.
- Tuition:** \$6,750. Discounts available for corporate commitments of ten or more attendees per year. Tuition does not include lodging or meals.
- Register:** Online at [www.stopatnothing.com](http://www.stopatnothing.com) or call us at 904-249-4410.

 **Stop At Nothing**  
People-centered business solutions